

Psoriasis Journey

When Pete's moderate-to-severe plaque psoriasis symptoms started to appear in 2001, he thought it was simply a rash. However, the plaques started to spread on his hands, feet and elbows.

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moderate-to-severe plaque psoriasis. Pete spent much of his career as a police officer and, when his

After consulting his dermatologist, he was diagnosed with

painful plaques covered his hands, he found it increasingly difficult to perform his duties at work.

After retiring from the police force in 2011, Pete began working as a scuba instructor and charter boat captain. In his new job, he struggled with his symptoms because the chlorine in the pools irritated his skin.

As Pete's moderate-to-severe plaque psoriasis symptoms worsened,

he became unable to maintain his active lifestyle - he couldn't swim,

fish or run without experiencing pain. Pete became embarrassed by his visible plagues on his hands because they were difficult to hide.

Throughout his diagnosis, Pete tried a variety of biologic and topical treatments, but couldn't find the treatment that worked best for him.

It always seemed like work to find a lasting treatment for my moderateto-severe plaque psoriasis. It took 20 years to get where I am now from initially experiencing symptoms. ??

Finding ILUMYA® After trying a few treatments, Pete's dermatologist recommended ILUMYA® as the next biologic

treatment he should try.

Now that I'm on ILUMYA®,
my [moderate-to-severe
plaque] psoriasis symptoms are basically just gone. 11

Results may vary from patient to patient.

a treatment that had a dosing schedule that he could incorporate into his active work schedule. With just four doses a year after two starter doses, ILUMYA® easily fit within his time on land. Pete received his first dose in 2019 and, apart from a spot here and there, he is experiencing almost full skin clearance.

In his job as a charter boat captain and scuba instructor, Pete needed to find

may benefit from taking injections, pills (systemic therapy), or phototherapy. The most common (≥1%) adverse reactions for ILUMYA® compared to placebo are upper respiratory infections (14% vs 12%), injection site reactions (3% vs 2%), and diarrhea (2% vs 1%). These are not all of the possible side effects of ILUMYA®. Call your doctor for medical advice.

ILUMYA® (tildrakizumab-asmn) is a prescription medicine used to treat adults with moderate-to-severe plaque psoriasis who



Pete spends much of his day at sea. Now that he is experiencing lasting skin clearance, he feels

comfortable showing his skin on the boat. ILUMYA' IS IN IT FOR THE LONG HAUL WITH ME With much fewer painful plaques, Pete can be active and his symptoms

keeping him landlocked. Pete feels at ease knowing that his moderate-to-severe plaque psoriasis symptoms and treatment schedule don't hold him back.

don't hold him back. He can swim, fish and scuba dive without plaques

People living with moderate-to-severe psoriasis should talk to their doctor to determine what treatment option may be right for them. For more information about ILUMYA®, and a downloadable doctor discussion guide,

visit ILUMYA.com/talk-with-your-dermatologist. Learn more about the moderate-to-severe plaque psoriasis journeys of patients like Pete here.

had to make a stop to



got selfies while

walking through a tree the sierras best meal in days! With ILUMYA®, most people with moderate-to-severe plaque psoriasis can achieve clear or almost clear skin in as little as 12 weeks, and 5 years into treatment, it's still going strong. Here are some reasons to ask your doctor about ILUMYA®:

LONG-LASTING RESULTS WORKS FROM THE INSIDE

9 out of 10 people who achieved clear or almost clear ILUMYA® works with the body to balance an overactive skin after 1 year were still seeing results 5 years later immune system, addressing symptoms at the source

DOSING AROUND YOUR SCHEDULE

wow.

4 doses a year after 2 starter doses

AFFORDABLE TREATMENT Eligible patients may pay just \$5 per dose of ILUMYA®*

* \$16,000 maximum program benefit per calendar year. Not valid for patients without commercial insurance coverage or if prescription is paid for by any state or federally funded healthcare program, including but not limited to Medicare, Medicaid, VA, DOD, or TRICARE.

ILUMYA® (tildrakizumab-asmn) is a prescription medicine used to treat adults with moderate to severe plaque

IMPORTANT SAFETY INFORMATION

or UV light).

What is ILUMYA?

What is the most important information I should know about ILUMYA? Do not use ILUMYA if you have had a severe allergic reaction to ILUMYA or any of its ingredients. Get emergency medical help right away if you get any of the following symptoms of a serious allergic reaction: feel faint

ILUMYA is a medicine that may lower the ability of your immune system to fight infections and may increase your risk

psoriasis who may benefit from taking injections, pills (systemic therapy), or phototherapy(treatment using ultraviolet

- trouble breathing or throat tightness swelling of your face, eyelids, lips, mouth, tongue or throat
- chest tightness skin rash
- of infections. Your healthcare provider should check you for infections and tuberculosis (TB) before starting treatment with ILUMYA and may treat you for TB before you begin treatment with ILUMYA if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment

with ILUMYA.

cough

Tell your healthcare provider right away if you have an infection or have symptoms of an infection, including: fever, sweats, or chills muscle aches weight loss

diarrhea or stomach pain shortness of breath burning when you urinate or urinating more often than normal

Before receiving ILUMYA, tell your healthcare provider about all of your medical conditions, including if you:

· have any of the conditions or symptoms listed in the section "What is the most important information I should know about ILUMYA?'

blood in your phlegm (mucus)

- have an infection that does not go away or that keeps coming back have TB or have been in close contact with someone with TB
- recently received or are scheduled to receive a vaccine (immunization). You should avoid receiving live vaccines during treatment with ILUMYA.
- are breastfeeding or plan to breastfeed. It is not known if ILUMYA passes into your breast milk. Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

are pregnant or plan to become pregnant. It is not known if ILUMYA can harm your unborn baby.

It is not known if ILUMYA is safe and effective in children under 18 years of age. What are the possible side effects of ILUMYA?

warm, red, or painful skin or sores on your body different from your psoriasis

ILUMYA may cause serious side effects. See "What is the most important information I should know about ILUMYA?"

The most common side effects of ILUMYA include upper respiratory infections, injection site reactions and diarrhea. These are not all of the possible side effects of ILUMYA. Call your doctor for medical advice about side effects. You are encouraged to report any negative side effects of ILUMYA to FDA. Visit www.fda.gov/medwatch or call

Department at 1-800-406-7984 or drug.safetyUSA@sunpharma.com (preferred) with as much information as available.

1-800-FDA-1088. You are also encouraged to report side effects or ADEs (adverse drug events) to our Drug Safety

Please read the full Prescribing Information and Medication Guide for ILUMYA and discuss any questions with your doctor.

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